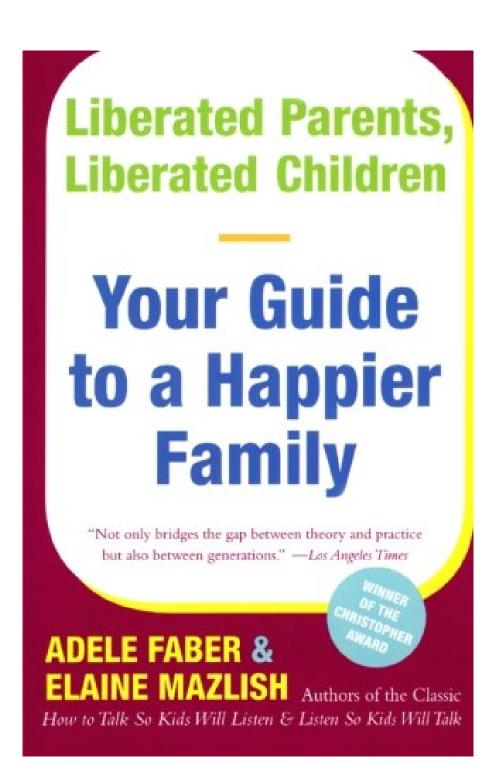


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#### About the Author

Adele Faber and Elaine Mazlish are internationally acclaimed, award-winning experts on adult-child communication. Both lecture nationwide, and their group workshop programs are used by thousands of groups throughout the world to improve communication between children and adults.

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I also recommend the book "Between Parent and Child" by Dr Haim Ginott. That book was an incredibly therapeutic book to read for me, helping me to work through why my relationship with my own parents has been such a struggle, helping me to understand why I constantly thought throughout my childhood that they didn't really listen to me.

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