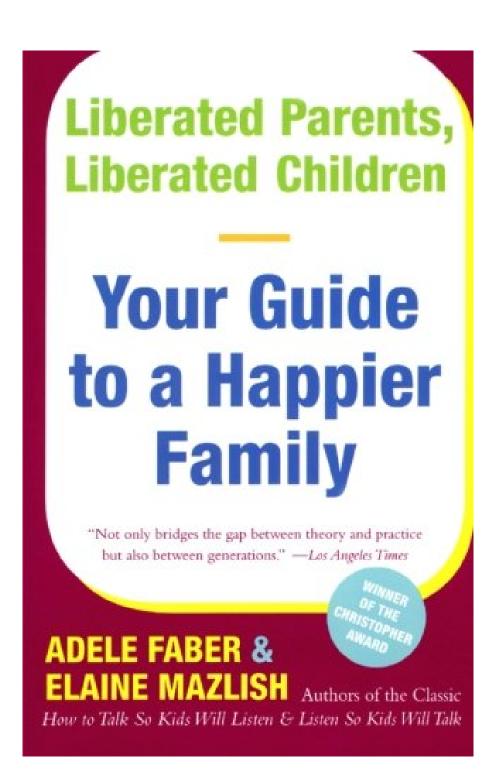


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About the Author

Adele Faber and Elaine Mazlish are internationally acclaimed, award-winning experts on adult-child communication. Both lecture nationwide, and their group workshop programs are used by thousands of groups throughout the world to improve communication between children and adults.

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Wisdom, humor, and practical advice are the hallmarks of this indispensable book that demonstrates the kind of communication that builds self-esteem, inspires confidence, encourages responsibility, and makes a major contribution to the stability of today's family.

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I have read lots of different child psychology and parent/child relations books. This is the only one I've ever picked up, started to read, and had the thought, "Wow, I actually think the thoughts and advice here make sense." I know it's terribly pushy of me but I'm considering buying it as a Christmas present for everyone I know who relates to children. The book is full of examples and stories that make it easy to relate the knowledge within the book with how it might be applied in the real world. I could instantly see how the language and responses I might be giving my own son could lead to confusion and even battles. The best part about this book is how it encourages you to help your child grow his/her own self esteem. This is one book I'm planning to read, read again, and then copy parts of it to post on the refrigerator as reminders to myself of the kind of parent that I want to be.

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By A Customer

Daughter might not have reached 19 if not for this book! When I was pregnant, a friend insisted I find this book. It was out of print at the time, but I dug up a yellowed copy at a used book store. I read it and although I couldn't envision ever being in many of the situations, it colored everything I did as a parent from the first day. It works beautifully in re-shaping how one relates to all people, not just children. It's easy to change your "script" when the new approach has such an immediate and gratifying result.

32 of 33 people found the following review helpful.

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By M. K. Freeman

This book has two main sections, the first about children and their emotional needs, the second more focused on what is going on inside the parents.

For the chapter on (parents') anger alone, this book is worth the money. I also own "How to talk..." and wondered whether this book would have sufficient unique material, and having just finished reading it, I have no regrets at all about buying it. I am a person who struggles to express anger in helpful ways, and this book has plenty of suggestions for me to try. If you thought that parents had to be calm, cool and patient 100% of the time, this book will save your sanity.

I also recommend the book "Between Parent and Child" by Dr Haim Ginott. That book was an incredibly therapeutic book to read for me, helping me to work through why my relationship with my own parents has been such a struggle, helping me to understand why I constantly thought throughout my childhood that they didn't really listen to me.

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