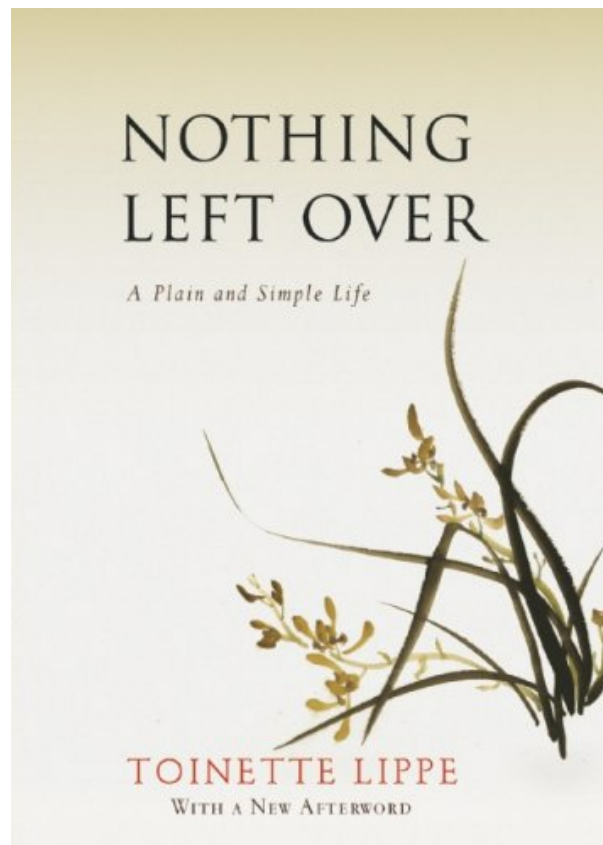
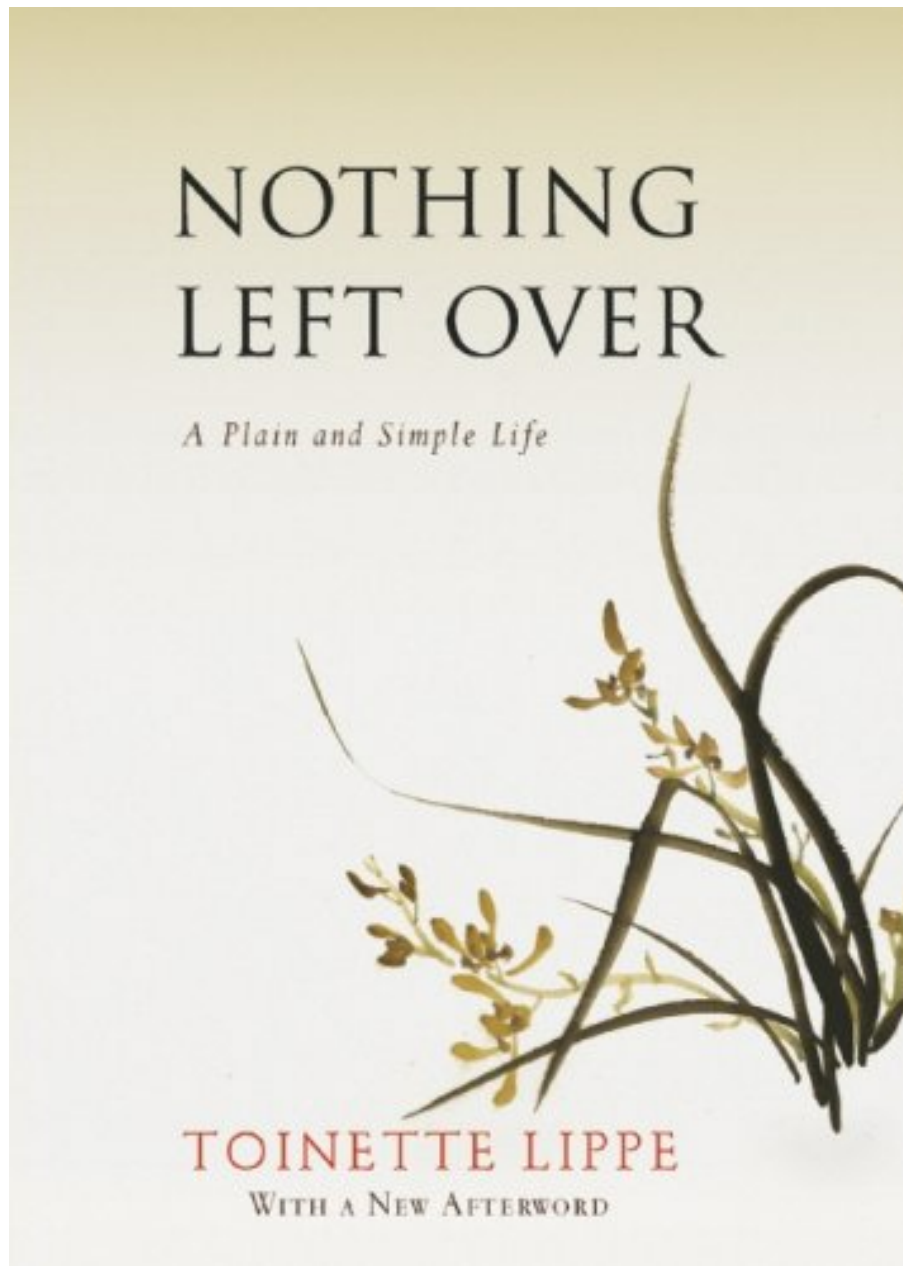


# NOTHING LEFT OVER: A PLAIN AND SIMPLE LIFE BY TOINETTE LIPPE



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## Amazon.com Review

Toinette Lippe, a prestigious book publisher and founder of Bell Tower publishing house, shares her life wisdom in *Nothing Left Over*. Her memoir speaks to living with full-tilt generosity and joy while not clinging to material clutter, resentments, and unfulfilled passions. "In truth, it is not the number of and diversity of our possessions that is the problem but our attachment to them.... The freedom we are all seeking is the freedom from the fear of losing what we believe we own." We've heard these sentiments before, but somehow coming from Lippe, who has her share of foibles, the words feel palatable and the wisdom feels earned. Like the gentle, intelligent voice in *Gift from the Sea*, Lippe contemplates the stories of her life as she passes on humble advice and observations. Whether she is writing of her existential crisis at 17 years old, her arrival in New York City as a 25-year-old virgin, the amazing conception of her son, or insider stories at Random House, Lippe offers a spiritual framework. In other words, she is an excellent storyteller--able to make meaning from her life so that readers can glean the rewards of her thorough contemplation. --Gail Hudson

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This book on "interior housekeeping" illuminates the true measure of a life lived in terms of usefulness and integrity rather than accomplishment or possessions. With subtle wit, wonderfully evocative language, and clear-eyed wisdom gleaned from her own experience, Toinette Lippe teaches us how to discern what is essential and let go of what is not.

Toinette Lippe had a long and distinguished career at Alfred A. Knopf. In 1989, she founded Bell Tower, where she published seventy books that nourished the soul and spoke directly to the heart. After fifty years in publishing, Toinette abandoned editorial work and devotes herself to East Asian brush painting. She lives in New York City.

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- Published on: 2015-05-19
- Original language: English
- Number of items: 1
- Dimensions: 6.90" h x .70" w x 5.00" l, .0 pounds
- Binding: Paperback
- 176 pages

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#### Most helpful customer reviews

17 of 18 people found the following review helpful.

*Nothing Left Over* has Something for Everyone

By A Customer

*Nothing Left Over* by Toinette Lippe is an extraordinary spiritual teaching about how to make full use of one's potential, energy and time. No spiritual teaching can exist with a body of lessons from a Master teacher, and Ms. Lippe gives generously of her own extraordinary life in order to help the reader fully examine how to maximize the moments of our outer and inner lives. The application of these lessons to our inner lives is refreshing and insightful as Ms. Lippe identifies events in her own life as a mother, wife and senior book editor which explore how inner "house cleaning" can transform one's life through honest and impeccable attention to the details of our lives. As in the manner of all great spiritual teachers, Ms. Lippe gives enough detail of her own life to help the reader understand the underpinnings of her spiritual lessons and faith. She does this with wit, warmth and charm. Her beliefs are based on truths which have worked for her and can work for others, and her expression of these truths are self-assured but never smug.

Living simply in our society is not always looked upon as a plus. Ms. Lippe shows that simple living is not a life of poverty. It offers a rich partnership with the universe and the circumstances of our lives. I believe readers will come away energized to clean out their inner and outer closets to make room for opportunities sometimes missed in the tumult of our chaotic lives.

I encourage anyone who has the capacity for self-examination to buy this book. It is a tonic for modern times with beneficial results lasting far beyond the pleasurable hours spent reading this insightful and inspiring book.

14 of 15 people found the following review helpful.

*Stealth Simplicity*

By M. Fields

*Nothing Left Over* is a sneaky book. As I read, I felt myself in familiar territory, the softness of a gentle

reminder from a close friend. The book became my companion. Without trying, I contemplated the gradual considerations Ms. Lippe brought into the landscape, never feeling required to do so. The issues grew naturally, like a garden, without aggression or unnatural intent. When I finished this book, I had been on a journey and felt refreshed and nourished. I honestly hope that she continues to write and publish because subtlety in the field of spiritual writing is a rarity and extremely welcome by this reader.

13 of 14 people found the following review helpful.

A subtle invitation to go deeper

By Mark Waller

Nothing Left Over is Not, in my opinion, a clarion call to lead a "plain and simple life." It is a subtle and beautiful invitation to become aware of what life simply is. Nothing Left Over was a delightful few hours in a cozy chair being warmed from the inside. In the end, I knew clearly that Toinette, her life, and her awareness of her life were the gifts those hours had for me. I recommend it to Pilgrims on the Way.

[See all 25 customer reviews...](#)



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